



**Galatians 5:25**

*Since we live by the Spirit, let us keep in step with the Spirit. NIV*

Okay, okay, I know what you're thinking - "Why Zach, you surprisingly shifty sanguistic speaker of spiritual stuff," I hear you say, "Why did you save self-control for the end of the Spiritual Fruit series? Could it be that you struggle with self-control and don't want to talk about it yourself?"

I'll admit that was a thought, but fortunately for me, Self-Control is at the very end of the list of Spiritual fruit that Paul lists out in Galatians 5. That it happened to be convenient for me is just a coincidence. But, regardless of that, the time has come, the subject is here, so I'm going to approach it the best way I know how - with a sci-fi movie metaphor, of course! Bet you didn't see that coming!

I'll explain it a bit more on Sunday, but what it all will boil down to is an illustration that shows that "self-control" as it exists as a fruit of the Spirit is God's way of helping us control the power that he's given us to wield and use. I hope you'll join us this week and we'll talk all about it. See you then!

Zach - Your Friendly Neighborhood Lead Pastor

**Sermon Cheat Sheet**

*Sermon in a Sentence*

"\_\_\_\_\_ within us helps us to \_\_\_\_\_ the \_\_\_\_\_ we've been given to wield."

*It's All Greek to Me!*

"enkrateia" - self-control, discipline  
sophrone" - self-controlled nature, wise

*Today's Scriptures*

**Matthew 7:24-27**

*Something Worth Noting*

"The \_\_\_\_\_ of the Spirit helps us to \_\_\_\_\_ the great \_\_\_\_\_ of the Spirit."

**James 1:12-14**

**Matthew 4:1**

*Something Worth Quoting*

...our bodies are temples of the Holy Spirit and so we ask the resident Holy Spirit to control us so that we learn to control ourselves."

-Christopher Wright



# Weekly Prayer Requests

Donna Parrett	Marcia Clark	John Tincher
Diane Burks & Family	Steve Lynch	
Sam Clark	Ron Scott	
*Mike Suttles & Family	Bea Burgdoerfer & Family	

Names will be left on the prayer list for three weeks, then moved to the long-term list. Please notify the office if you would like a name to remain on this weekly list longer.

\*\*A long-term prayer list with updates can be found in the foyer.



## Vitals for August 17

Weekly Need: \$3,200  
Actual Given: \$1620  
Sunday School - 27  
Morning Service - 69

SEPTEMBER 13, 2025

Register Here

*Dive In & Be Refreshed*

**Ladies' Retreat**  
Mahoning Valley Christian Service Camp

Cathy Wheeler - Speaker

Danielle Carwithal  
Maribeth Woodridge  
Worship Team



JOIN US FOR FUN, FOOD & FELLOWSHIP!

**3RD -12TH GRADES**



**SUNDAY EVENINGS 6 - 8 PM**

3 easy ways to give:

- 'Tithes & Offerings' box in the lobby
- [newheightsconnersville.com/giving](http://newheightsconnersville.com/giving)
- Mail to the church office

New Heights

**MENTorship**

Step into the journey to becoming the man God has called you to be.

Join us on Saturday, September 6<sup>th</sup> @ 8:00 am

**5th Sunday Breakfast**

Join us on **August 31<sup>st</sup>**  
9:15 - 10:15 am

**ZACH KORFF**  
LEAD PASTOR  
812-631-6872  
[zach@newheightsconnersville.com](mailto:zach@newheightsconnersville.com)

**BRYAN JENNINGS**  
Elder

**BRIAN CLARK**  
Elder

**BRIAN KENNEDY**  
Elder

**CAROL CLARK**  
Office Manager  
[carol@newheightsconnersville.com](mailto:carol@newheightsconnersville.com)

**DEACONS:**  
Robert Chalker  
Collin Clark  
Gary Clavell  
Adam Martin

Contact us:  
765-825-9132

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*Mark your Calendar*

**2025 Congregational Family Meeting**

**Date: Sunday, September 28th**

**Time: Immediately following the morning service.**

**Leadership Candidates Up for Affirmation in 2025:**

**Deacons: Collin Clark, Gary Clavell, and Adam Martin**

**Current Period of Service Ending in 2026:**

**Elders: Bryan Jennings, Brian Clark, Brian Kennedy**  
**Deacon: Robert Chalker**



**Luncheon Today!**

**All Ladies are invited to join us immediately after service.**



*Walking together in one-on-one mentoring relationships.*

**BUILDING LIFE-CHANGING RELATIONSHIPS ONE AT A TIME**



**WANT TO GET INVOLVED? We need Mentors & Prayer Partners**